

# Annual Health Examination

Name: \_\_\_\_\_ Date: \_\_\_\_\_

You've scheduled a '**physical or preventive exam.**' At this visit, we will review your medical and family history, health habits; perform a physical exam and order appropriate testing. If time allows and you wish, we'll discuss healthy lifestyle.

Unfortunately your insurer's payment policy for a '**physical or preventive exam**' ***does not include evaluation of specific medical problems.*** If you would rather address specific medical problems today, let Jane know now. Otherwise we will proceed with a '**physical or preventive exam**'. I regret that another appointment is necessary for your medical problems. I realize the inconvenience this causes you and regret that your insurer's policies force us to make this decision. I object to this policy but am powerless to change it.

Since your last exam, have there been:

Changes in health of relatives? \_\_\_\_\_

Changes in your health? \_\_\_\_\_

Changes in your nutrition? \_\_\_\_\_

Changes in your physical activity? \_\_\_\_\_

Treatments from other doctors? \_\_\_\_\_

Medicines from other doctors? \_\_\_\_\_

Lab or x-rays from other doctors? \_\_\_\_\_

Surgeries? \_\_\_\_\_

Are there non-routine, particular tests that you want? \_\_\_\_\_

Rather than a 'physical' do you wish to discuss sexual health or function? \_\_\_\_\_

Thank you for choosing our practice for your medical needs. We value our relationship with you and want to serve as your 'personal medical home'.